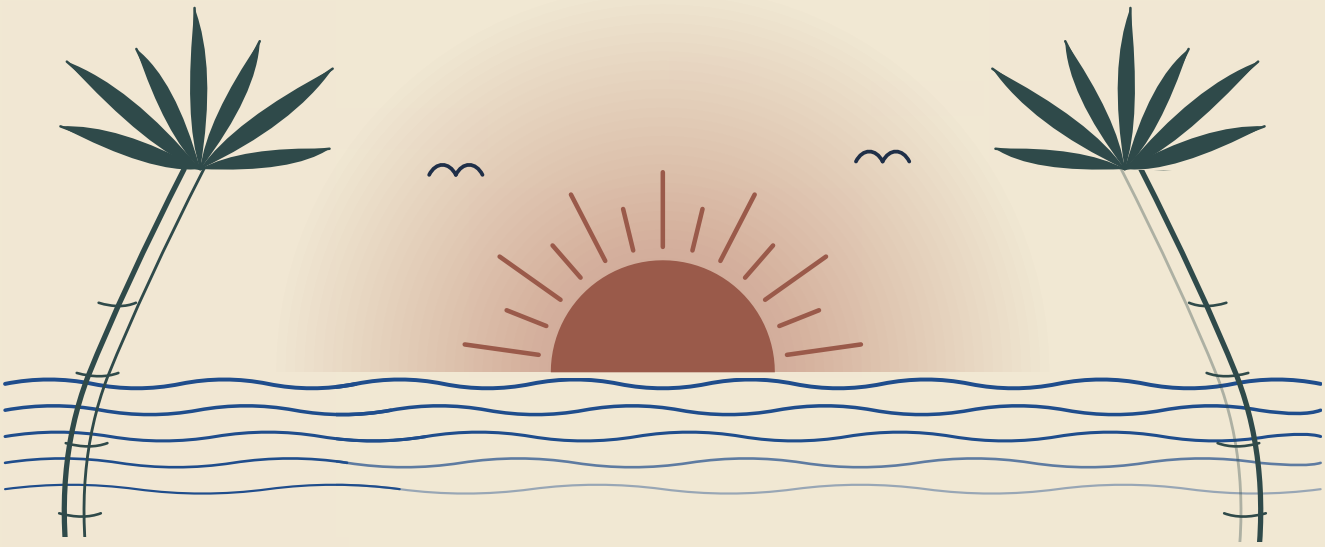
LIFE

— SEASONAL MENU —

Dreaming of a slow life.



CONTENTS

I · Starters & First Courses
II · Mains · Sides · Desserts
Cold Dishes · Surf Salads

PHILOSOPHY

Quality fish, genuine recipes and a real desire to feel good. No frills, just good food.

CONTACT

344 747 6221
Viale Italia 200
Pratoranieri

— TO START

Starters & *First Courses*

— 01 / 03 —

STARTERS

SEAFOOD TACOS **€18**

SAUTÉED SHELLFISH **€16**

MARINATED ANCHOVIES **€12**

OCTOPUS & POTATOES **€16**

SALT COD ON CHICKPEA HUMMUS **€14**

SEAFOOD CRUDO **€ 60**

DAILY SELECTION · MIN. 2 PEOPLE

PASTA

GNOCCHI WITH SCAMPI **€18**

YELLOW DATTERINI · PISTACHIO

RISOTTO WITH PRAWN TARTARE **€16**

BLACK OLIVE POWDER

PACCHERI WITH TURBOT **€20**

TAGGIASCA OLIVES · TOASTED PINE NUTS

For allergies and intolerances, please ask our staff. Cover charge € 2.50.

— FROM SEA TO LAND

Mains, *sides & desserts*

— 02 / 03 —

MAINS

CRISPY OCTOPUS **€18**

MINT & LIME MAYONNAISE

FRIED ANCHOVIES **€15**

FRIED SQUID **€17**

BABY OCTOPUS · PRAWNS & ANCHOVIES

CACCIUCCO **€25**

TRADITIONAL FISH STEW

STUFFED SQUID **€20**

ON SWEET POTATO CREAM

SIDES

FRENCH FRIES **€6**

MIXED SALAD **€6**

GREENS & TOMATO

HOUSE DESSERTS

DAILY SELECTION **€6**

ASK YOUR WAITER

For allergies and intolerances, please ask our staff. Cover charge € 2.50.

— LIGHT & FRESH

Cold dishes & *surf salads*

— 03 / 03 —

COLD

AVOCADO TOAST **€14**

RYE BREAD · LIME · SEEDS

BRESAOLA **€14**

ROCKET & GRANA

CAPRESE **€ 12**

TOMATO · MOZZARELLA · BASIL

BURRATA & SALMON **€16**

SURF SALADS

RIP CURL **€12**

salad · avocado · corn · seeds · grana · chicken

O'NEIL **€12**

salad · avocado · corn · radish · cucumber · prawns

ROXY **€12**

salad · tomato · mozzarella · pepper · olives · tuna

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